



SOUTHWESTERN

AN OREGON COMMUNITY COLLEGE

SPRING TERM
STARTS MAR. 31, 2025

Leading and inspiring lifelong learning



SWOCC Alumni

Where are we now?

Misha Whittaker and LaMont Swinson

From Community College to Career Success

SWOCC Business Program Shapes Future Leaders



“SWOCC offers a great foundation for your future. It doesn’t matter where you start from, where you come from. You’ll find people here who believe in you.”

LaMont Swinson, SWOCC Distinguished Alumnus 2019



“I would... I am not... the SW... Program... Jessica... inspired... pushing...

Misha Whittaker, SWOCC Business

At Southwestern Oregon Community College (SWOCC), students aren’t just filling seats—they’re shaping their futures. With unique goals and diverse ambitions, each one is committed to making a meaningful impact on the world. SWOCC’s business programs are designed to nurture those aspirations, providing a solid foundation for future leaders, entrepreneurs, and professionals who think big!

Whether you aim to start your own business, advance in your current role, or transfer to a four-year school, our program provides you with the knowledge and tools to reach your goals. With small classes, expert instructors, and a comprehensive curriculum, SWOCC business students graduate equipped with real-world skills that help them succeed and give back to their communities.

Take LaMont Swinson, for example. A 2000 graduate, LaMont’s story is one of resilience, determination, and giving back. Originally from Wasilla, Alaska, he was the first in his family to attend and graduate from college. At SWOCC, he excelled both on the basketball court, leading the Lakers to a regional championship, and in the classroom, earning an Associate of Arts Oregon Transfer Degree. LaMont continued his education at the Oregon Institute of Technology, where he helped lead his team to the national Elite Eight.

LaMont’s career has been equally impressive. After spending 13 years as assistant vice president and

branch manager for First Community Credit Union, he is now branch manager for Directors Mortgage. But LaMont’s connection to SWOCC doesn’t end there. He continues to serve as the assistant men’s basketball coach, mentor young people, and is a member of the SWOCC Foundation board. LaMont was honored as SWOCC’s Distinguished Alumnus in 2019. The award recognizes individuals who have made significant contributions to their professions, communities or education. LaMont was chosen for the award for a multitude of reasons, but especially because he is a person who continuously helps young people navigate the world and always gives back to students in an uplifting way.

“I tell students that SWOCC offers a great foundation for your future,” says LaMont. “It doesn’t matter where you start from, where you come from. You’ll find those people at SWOCC that I found. The ones that opened their hearts to me. Held me accountable and had expectations for me. That built in me a foundation that allowed me to go on and grow and succeed. Believe me. Everyone here wants you to succeed.”

Misha Whittaker’s journey also began at SWOCC, where she earned Associate of Applied Science Degrees in Business Management and Accounting in 2019. She credits her success to the hands-on learning and personal guidance she received at SWOCC,

To learn more about our business degrees and other programs

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and not be where
I would not be without
SWOCC Business
Program and Professor
Jessica Engelke. She
inspired me to keep
pushing myself."

*Michelle Hittaker, SWOCC
Graduate 2019*

including her internship with Cardinal Services, which ultimately led to a full-time job. "I would not be where I am now without the SWOCC Business Program and Professor Jessica Engelke," Misha shares. "She not only connected me with the job but also inspired me to keep pushing myself."

After starting as a part-time payroll support specialist, Misha transitioned to a full-time customer service manager and eventually into her current role as a payroll specialist. In addition to professional growth, Misha has established a life in Coos Bay with her husband and their son.

"SWOCC gave me the support and opportunities to start my career, and now I'm able to give back to my family and community. As I think about the future and raising my son, I'm motivated to keep pushing forward — knowing each step not only builds my life and my family's but contributes to a stronger community for those to come."

SWOCC offers a variety of pathways tailored to students' diverse career goals. The Business Transfer Degree prepares students to enter bachelor-level business programs at public Oregon universities, providing a strong foundation in business principles. For those looking to specialize, there are certificates in areas such as Accounting/Bookkeeping, Business Management/Entrepreneurship, Retail Management, and Supervision. Plus, programs can be completed entirely online or part-time, offering flexibility to fit the busiest schedules.

SWOCC's business program isn't just about getting a job — it's about making a difference. With opportunities for experiential-based learning, internships with local businesses, and specialized certificates, students like LaMont and Misha gained the knowledge and skills they needed to thrive in their careers.

The College's mission is to "inspire innovation, life-long enrichment, and contribution to global society." Through its business program, SWOCC empowers students to do just that — think bigger than themselves and go on to lead successful, impactful lives.

Where are we now?

**Are you a SWOCC Alum,
or do you know one who's
making a difference in
their community?**

**We'd love to
hear your story!**

Whether it's your own journey or someone you admire, share how a SWOCC alum is creating positive change.

Email us at alumni@socc.edu with your name, contact information, and a brief description of what you (or your nominee) are doing. If selected, we'll follow up to learn more and, with your permission, share your story to inspire others in our community!

CALL FOR

Distinguished Alumni

NOMINATIONS

**Do you know a SWOCC alum
making a difference?**

We are seeking nominations for the 2025 Distinguished Alumni Award! Nominees must have graduated with a degree or certificate, or completed a minimum of 60 credits from Southwestern.

Submit your nomination by April 1:
Download the form at:
www.socc.edu/foundation
Email it to: alumni@socc.edu.

Meet SWOCC's Dynamic Duo

The Business Experts Inspiring Tomorrow's Professionals



Jessica Engelke

Professor, Business

Jessica Engelke is a tenured Business Professor at Southwestern where she has been teaching since 2010. She holds an MBA in Human Resources Management and a bachelor's degree in Business Management. With more than 30 years of professional experience, Jessica combines practical insights with academic expertise to guide her students toward success.

Beyond teaching, Jessica served as president of the Bay Area Chamber of Commerce in 2017, and has held various leadership roles that support local businesses and economic development. She has also been the mayor of North Bend, Oregon, since 2022, following her tenure as a city council member since 2018. As mayor, she focuses on strategic planning and community engagement to enhance quality of life for residents.

Jessica is passionate about helping students succeed by drawing on her rich background in business management, public service, and community leadership. "Teaching at SWOCC allows me to give back to the community that I love. The education we provide here empowers people to thrive and create lasting impact right here at home."



Dr. John Bacon

Assistant Professor, Business/Accounting

John Bacon holds a doctorate from George Fox University and brings 20 years of experience spanning Fortune 500 organizations, regional companies, and start-ups to the classroom.

Throughout his career, John has served in various roles in both for-profit and not-for-profit organizations including serving as executive director, community manager, and chief operating officer in various organizations. He previously spent more than a decade as department chair and professor at a private university, teaching both undergraduate and graduate business courses.

In his spare time, John enjoys spending quality time with his wife watching television, playing video games, and sharing their passion for singing and musical theater. He also cherishes moments with family and friends.

"I'm excited to help develop our next generation of business leaders. It's very important to me to provide an education that prepares our students for the real-world challenges through practical experience, collaboration, and strategic thinking," he said.

SOUTHWESTERN OREGON COMMUNITY COLLEGE

TRIO

STUDENT SUPPORT SERVICES

The Student Support Services (SSS) program is one of the TRIO projects funded by the U.S. Department of Education, Division of Special Services for the Disadvantaged, Title IV, Higher Education Act of 1965. 100-percent of annual program costs (\$360,708) are provided through a grant by the U.S. Department of Education.

TRIO Student Support Services provides **FREE** services including:

- Tutoring
- Advising
- Transfer Planning
- Career Counseling
- Private Study Area
- Financial Aid/Scholarship Assistance

For more information
or to see if you qualify
call us at 541-888-7419.

Southwestern's Small Business Development Center



Business Spotlight

Activating Light Studio, LLC

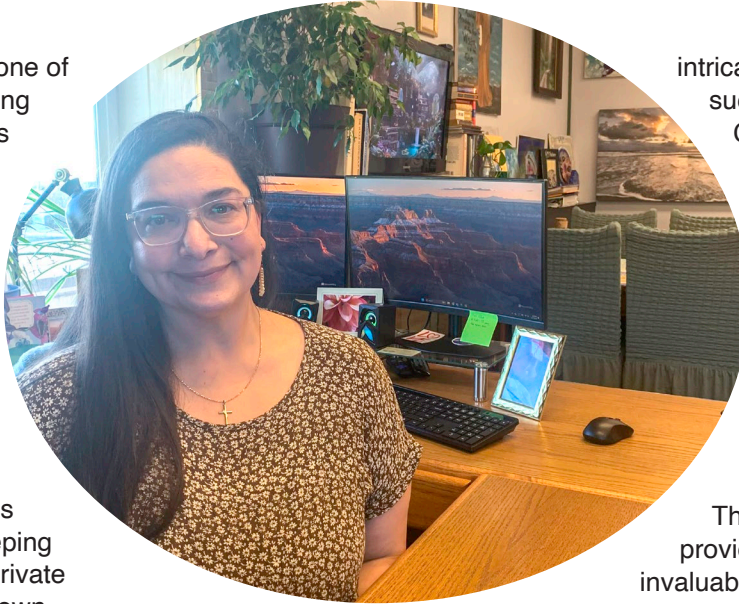
BROOKINGS, OREGON

Activating Light Studio, LLC is one of the latest additions to the growing community of business services available in Brookings.

The owner, Jessica Garcia-Hallman, provides bookkeeping and payroll services in an office space on Chetco Avenue. Her choice for the location was based on ease of availability, as well as providing a welcoming, professional environment for clients. She has years of experience in bookkeeping and administration working in private industry. Jessica launched her own business to allow her to balance her work/home life, while providing the expertise so highly needed by our small, local businesses. She is currently completing her Advanced QuickBooks certification through the ProAdvisor Program to supplement her business expertise.

Jessica has been working with the SBDC on the Curry Campus, as well as attending the Small Business Management workshop series.

She had this to say about her experience: "Upon discovering the Small Business Management program, I was thrilled and eager to deepen my understanding of the



intricacies involved in managing a successful business. My advisor, Gayle Goldstone, shared my enthusiasm and provided excellent recommendations for embarking on this new phase of my journey. These included joining the Chamber of Commerce, participating in Women in Business meetings, developing my website, and refining my business cards.

The guidance and expertise provided by Gayle have been invaluable in establishing my business, delivering essential services to the community, and planning for future hiring and expansion as a small business owner in our beautiful area.

The confidence I have developed through this program has significantly enhanced my interactions, both professionally and personally. As a Native woman-owned small business, I take great pride in establishing a meaningful presence within the community. I eagerly anticipate many years of success and the relationships that have emerged from my decision to engage with the SBDC's advisory services. I'm genuinely appreciative of this enriching experience."

Interested in participating in the Small Business Management Program?

CONTACT US:

Derek Tonn, Director SBDC | 541-888-7297 | derek.tonn@socc.edu

Gayle Goldstone, Curry Campus Advisor | 541-813-1674 | gayle.goldstone@socc.edu

MORE INFORMATION AT:

oregonsbdc.org/southwestern-sbdc

Workforce & Job Trainings

COOS CAMPUS

To register: Call 541-888-7352 • Email firststop@socc.edu • Visit our office in Stensland Hall

Maritime Training

For a complete list of maritime trainings offered by



Columbia Pacific Maritime

Visit: <https://colpacmaritime.com/>

All classes take place at 2140 Newmark Ave, Coos Bay

MARI 0281 MASTER 100-TON

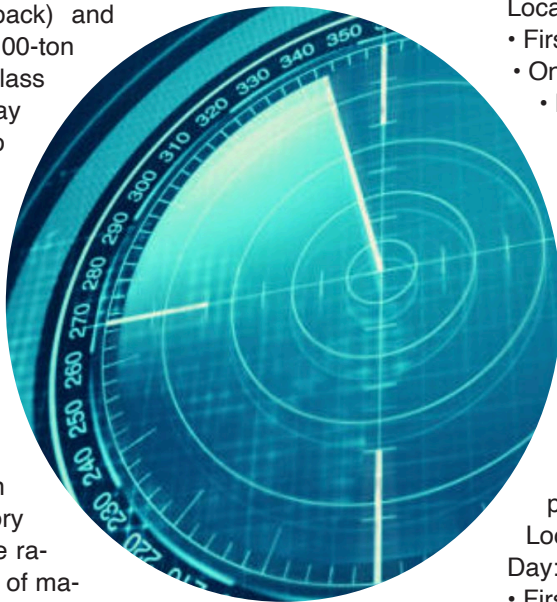
This 10-day, in-person class includes both the OUPV (six-pack) and Master 25, 50, and 100-ton captain licenses. The class is scheduled Monday through Friday over two consecutive weeks on the following dates:
March 10-21
Cost: \$1,300

MARI 0399 RADAR OBSERVER UNLIMITED

This four-day, in-person class covers the theory and operation of marine radar, and the application of marine radar for navigation and collision avoidance. The class is scheduled Monday through Thursday over the following dates:
March 3-6, 2025
Cost: \$700

MARI 0001 ABLE BODY SEAMAN (AB)

This five-day, in-person class is for any AB rating. The class covers traditional seamanship terms and skills, including the marlinespike seamanship knot and splice demonstration. The class is scheduled Monday through Friday over the following dates: March 17 - 21, 2025
Cost: \$800



Job Training

RE 0100 65 REAL ESTATE BROKER LICENSE COURSE

This accelerated course prepares you to qualify for the Oregon Real Estate Broker's License Exam in just ten weeks. It is a hybrid course, combining live lecture with the 150-hour on-line home study to meet the Oregon Real Estate Agency (OREA) requirements. Course and instructor are certified by the OREA. For more information call Stacey Harrison at 503-551-4467 or email: stacey@sts.careers.

Location: Zoom Cost: \$695

- First Tuesday Class: April 8, 2025; 6:00pm-9:00pm
- One all-day Saturday class: June 14, 2025; 9:00am-5:00pm
- Last Tuesday Class: June 10, 2025; 6:00pm-9:00pm

RE 0177 01 PROPERTY MANAGEMENT

Get prepared to take the State of Oregon Property Manager License Exam. This course is the fastest way to qualify to take the exam which covers the role of property managers, tenant relations, fair housing, lease agreements and more. You must attend all evening class sessions via Zoom, and have online capacity to complete the self-study portion of the course. Taught by an experienced Property Manager. For information call 503-551-4467 or email: stacey@sts.careers. All materials provided.

Location: Zoom Cost: \$629
Day: Tuesdays Time: 6:00pm-8:00pm

- First Tuesday Class: April 15, 2025
- Last Tuesday Class: May 27, 2025

Don't know where to start?
Try our Online Career Coach

Access the Career Coach from our website at: www.socc.edu.
Scroll to the bottom of the page.





**IND 4100
TRAFFIC
CONTROL
FLAGGER
CERTIFICATION**

This training is an ODOT - approved, safety training course covering the requirements for flaggers and approved techniques for moving traffic cautiously and consistently through work zones. For ages over 18.

Class book is included. Receive necessary credentials for employment upon successful completion.

Instructor: Michelle Holifield
Location: Eden 1

Cost: \$139

IND 4100 65 April 8, 2025

Time: 9:00am-1:00pm

IND 4100 66 May 13, 2025

Time: 9:00am-1:00pm

IND 4100 67 June 10, 2025

Time: 9:00am-1:00pm

IND 4100 68 Online/Zoom

Cost: \$145

CHILDCARE PROVIDER TRAININGS

Offered through Southwestern's CARE Connections Childcare Resource & Referral
For information and to register call 541-888-7957.

Classes are now being offered at no cost online:

- Department of Human Services Childcare Provider Orientation
- Family Childcare Provider Overview
- Recognizing & Reporting Child Abuse & Neglect
- Introduction to Childcare Health and Safety

Learn more about all our programs:

Text or call 541-240-8227
SWOCCbound@socc.edu

GET YOUR GED

It's FREE! \$



Sign Up NOW



Attend In Person

Coos Campus
M-Th 9-11am
M-Th 12-2pm
Tu-Th 5-8pm

Curry Campus
M-Th 12-2pm

Attend By Zoom



For more info call 541-888-1593



SWOCC WORKS

Construction & Heavy Equipment Operator Pre-Apprenticeship Program



- Entry-Level Construction Skills
- OSHA Safety Training
- Prepare for a Job in the Trades
- Earn a BOLI-Approved Certificate in two terms

CLASSES HELD ON THE COOS & CURRY CAMPUSES

APPLY NOW FOR FALL TERM 2025

No experience necessary. Must be 16 years old to apply.

GET STARTED: Email swocccworks@socc.edu

Community Classes

Southwestern's Community Education offers lifelong learning and personal enrichment opportunities to the community. Non-credit classes are provided by qualified instructors from our community. Course and section numbers are located before course title. Spring term classes are 11 weeks long from March 31, 2025 to June 12, 2025 unless otherwise indicated by a date(s).

COOS CAMPUS COMMUNITY CLASSES • REGISTRATION OPENS MARCH 5

To register: Call 541-888-7352 • Email firststop@socc.edu • Visit our office in Stensland Hall

The Arts

ART 0257 65 CERAMICS BASICS

Explore in a studio setting the art of working in clay. In this course students are guided to develop skills with hand-building and wheel-throwing techniques. Perfect for beginning and intermediate potters.

Instructor: Annie Pollard

Location: Eden 5

Day: Tue

Cost: \$129

Time: 6:00pm-9:00pm

ART 0259 65 ADVANCED CERAMICS

An independent study course for potters and clay artists, who have a good understanding of basic techniques, to gather together to learn from each other, share ideas, and create new pieces. You will define your own learning goals and work towards them in a supportive environment. Because there is a wide range of skill levels and technique focus among students, emphasis is placed on individual development and one-on-one attention. Course cost does not include clay. Clay is purchased as needed in class through the ceramics department.

Instructor: Aimee Bennett

Location: Eden 5

Day: Mon, Wed

Cost: \$209

Time: 12:30pm-3:30pm

MUP 0105 65 COMMUNITY CHOIR

The SWOCC Community Choir provides an opportunity for singers of all levels to participate in a musically rich, and socially engaging choral ensemble. The Community Choir will focus on providing a safe and stimulating environment for people of all backgrounds to learn, practice, and perform quality choral literature in a large group setting. Focus will be placed on healthy vocal production, musically inspiring performance, strong social connections, and effectively working with others. A wide variety of musical styles will be explored, and participants will present a concert performance at the end of each term. This is a non-auditioned ensemble, but the ability to match pitch is requested.

Instructor: Ken Graber

Location: Sunset 2

Day: Mon

Cost: \$30

Time: 6:30pm-8:00pm

Special Interest



G 025CA 65

REGIONAL GEOLOGY – CAPE ARAGO FIELD TRIP

A lecture in the field to highlight significant geologic features along the Oregon Coast. Highlights are stops at Fossil Point, Sunset Bay, Shore Acres and Cape

Arago (construction dependent), Bullard's Beach, Bandon South Jetty, Face Rock overlook, and more. The field trip is arranged to illustrate the geologic settings, stratigraphy and structure, topography, age and origin, significant events through geologic time, and special features unique to the region.

Instructor: Ron Metzger
Location: Itinerary and details in Canvas and sent via email
Cost: \$60 (includes transportation; bring lunch)
Date: Saturday, April 19, 2025

Time: 7:30am-5:00pm

G 025LB 65 REGIONAL GEOLOGY

– LAVA BEDS FIELD TRIP

A lecture in the field to highlight the significant geologic, cultural, and historic features focusing on the area in and around Lava Beds National Monument in northern California. The course consists of a three-day camping field trip arranged to illustrate the geologic setting, stratigraphy and structure, topography, age and origin, significant events through geologic time, and special features unique to the region associated with Modoc prehistory and oral traditions, the Modoc War, CCC camp, WWII history, Japanese Internment Camp in Newell, water rights issues, etc.

Instructor: Win McLaughlin

Days: May 9-11, 2025

Cost: \$120

Time: Fri 7:30am-Sun 7:00pm

Community Classes

COOS CAMPUS COMMUNITY CLASSES • REGISTRATION OPENS MARCH 5

WR 0100 65 WRITING YOUR AUTOBIOGRAPHY

Who better to tell your story than YOU? Come and learn how to put together all of your stories into a book. Your autobiography is sure to be something cherished. This course will introduce you to the techniques of writing an autobiography.

Instructor: Sally Harrold
 Location: Zoom Cost: \$105
 Day: Tue Time: 11:30am-1:50pm

WR 0107 65 UNBRIDLED CREATIVES

In this creative writing/literature course you will learn about the beauty and nature of horses and the ways in which they have inspired wonder, awe, and creativity in human beings all around the world. This course offers the opportunity to analyze literature inspired by horses as well as to write your own nature-inspired written works. This course is intended to empower you to experience deeper meaning, purpose, connection, and creativity in your life through the study of horse-themed literature and creative nature writing.

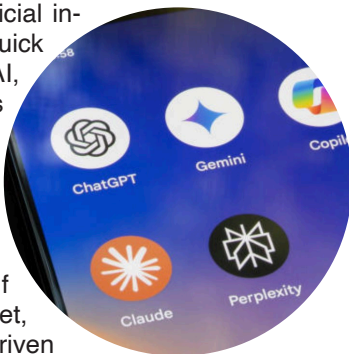
Instructor: Caterina Tadlock
 Location: Sapphire Farms, Bandon 541-690-9545 Cost: \$200
 Day: Sun Time: 1:00pm-3:00pm



CIS 0165 65 ARTIFICIAL INTELLIGENCE (AI): EMBRACING THE FUTURE TODAY!

This course unlocks the world of tomorrow which is being reshaped by artificial intelligence (AI). Starting with a quick look at the captivating history of AI, you will then learn to harness its power for creative pursuits – from writing, art and music, to transforming your home into a tech utopia, revolutionizing travel, and discovering the impact AI is having on health and longevity. If you're eyeing the future job market, we've got you covered with AI-driven opportunities. This course offers a blend of foundational knowledge, practical applications, and hands-on experiences. At the conclusion, you'll be equipped to harness the power of AI in various aspects of life and work. Sign up and start shaping your future today!

Instructor: Dr. Alla Sergueeva
 Location: Stensland 201 Cost: \$50
 Day: Thurs Time: 6:00pm-7:20pm



TA 0104 65 SAYING YES!

INTRO TO THEATRE IMPROV

Saying Yes has never been easier! Join us in this fun, adventurous, and inspiring class where we create a safe space to explore the fundamentals of improvisational drama. No prior experience necessary. Improv is not only fun but can pave the way for limitless possibilities while providing expanded avenues for more courageous, spontaneous and creative moments in your life, along with more opportunities to listen, give, compromise and collaborate.

Instructor: Kellie Cronin
 Location: Umpqua 184 Cost: \$89
 Day: Wed Time: 5:30pm-6:50pm

TA 0104 66 ADVANCED THEATRE IMPROV!

Previous experience required through participation in the beginners and intermediate class.

Instructor: Kellie Cronin
 Location: Umpqua 184 Cost: \$89
 Day: Mon Time: 5:30pm-6:50pm

TEAM OREGON: MOTORCYCLE RIDER TRAININGS

DRIV 0622 65 BASIC RIDER TRAINING

Basic Rider Training is a fifteen-hour (three-day) course for novice riders to build fundamental street-riding skills and strategies. Training motorcycles and helmets are provided. For individuals with no riding experience, this is the recommended course. Registration must take place prior to the date of the class at <http://team-oregon.org/>.

Instructor: Michael Heinen
 Location: Newmark 201 Cost: \$229
 Day: Fri, Sat, Sun: 3/28/25-3/30/25
 Time: Fri 5:00pm-8:30pm, Sat 7:00am-4:30pm, Sun 12:00pm-4:30pm

TEAM OREGON: MOTORCYCLE RIDER TRAININGS DRIV 0623 65 INTERMEDIATE RIDER TRAINING

This is an eight-hour course for riders who already know how to get underway, turn, shift and stop a motorcycle or scooter. This one-day course builds fundamental street-riding skills and strategies. Training motorcycles and helmets are provided. For riders with limited riding experience or those who haven't ridden in some time, IRT is the recommended course. This course meets Oregon's requirement for riders 21 or older who want to earn a motorcycle endorsement.

Instructor: Michael Heinen
 Location: Newmark 201 Cost: \$199
 Day: Sat, 3/29/25 Time: 7:00am-4:30pm

COOS CAMPUS COMMUNITY CLASSES • REGISTRATION OPENS MARCH 5

DRIV 0620 65 AARP SMART DRIVER COURSE

This course is for all ages and offers you an important opportunity to learn how to drive more efficiently and safely. The course contains up-to-date information about changes over time in ourselves, our vehicles, and our roads. For more information and to pre-register call 541-260-1539.

Location: Eden 1 Instructor: Ginny Carpenter
 Day: Tuesday 3/4/25 Time: 9:30am-4:00pm
 Cost: AARP members \$20, non-members \$25, check or cash is payable to AARP at the class.

PE 0507 65 YOGA FOR HEALTH – BEGINNER

Restorative, therapeutic yoga practice, safe and comfortable. Improve posture, balance, strength, flexibility and stress reduction while calming and quieting the mind. Yoga mats, yoga blocks, yoga straps, and foam rollers will not be provided. Patrons may bring their own for use.

Instructor: Linda Laverty Cost: \$75
 Location: Rec Center 121 Time: 1:00pm-2:15pm
 Day: Mon

PE 0506 65 YOGA FOR HEALTH – INTERMEDIATE

A more challenging yoga practice with restorative and therapeutic benefits. Yoga mats, yoga blocks, yoga straps, and foam rollers will not be provided. Patrons may bring their own for use.

Instructor: Linda Laverty Cost: \$75
 Location: Rec Center 121
 Day: Wed
 Time: 1:00pm-2:15pm

PE 0231 65 SCIENCE OF STRETCHING™ TARGETED FLEXIBILITY TRAINING

Increase your range of motion and train your body to experience its full potential – at any age! Join us for the Science of Stretching™ – a targeted mobility training method that works to open your body, address locked hips, tight hamstrings, stiff back, and more. We incorporate various techniques including classic yoga poses informed by modern science and provide a safe and pragmatic approach as we stretch the muscles and start changing the fascia. You will see and feel incredible results and be well on your way to a fuller and richer life in your flexibility, mobility and well-being journey.

Instructor: Kellie Cronin Cost: \$75
 Location: Rec Center 121 Time: 5:00pm-5:50pm
 Day: Tue, Thur



Fitness & Recreation

PE 0509 01 ZUMBA®

Zumba® Fitness is a global brand that fuses fitness, entertainment and culture into an addictive dance-fitness class. Zumba® utilizes the principles of fitness interval training and resistance training to maximize caloric output, fat burning, and total body toning.

Instructor: Tina Woodworth Cost: \$95
 Location: Rec Center 131 Time 5:30pm-6:20pm
 Days: Tue, Thur

PE 0503 01 PILATES® EXERCISE

Pilates® is a body-conditioning routine that helps build flexibility and muscle strength. It puts emphasis on spinal and pelvic alignment, breathing, and developing a strong core, as well as improving coordination and balance.

Instructor: Melissa Loudenbeck
 Location: Rec Center 121
 Cost: \$105
 Days: Tue, Thur
 Time: 12:00pm-12:50pm



PE 0505 01 TURBO KICK

Turbo Kick is a combination of intense kickboxing moves, as well as a unique blend of intense interval strength and endurance training all perfectly choreographed to high-energy and motivating music. Turbo Kick requires no previous kickboxing experience or equipment.

Instructor: Melissa Loudenbeck Cost: \$105
 Location: Rec Center 121 Time: 5:30pm-6:20pm
 Days: Mon, Wed

FIND A LIST OF COMMUNITY CLASSES FOR BOTH CAMPUSES AT:

www.socc.edu/community

Including changes, additions, and updates.

HUMAN SERVICES ASSOCIATE OF APPLIED SCIENCE

New pilot program prepares Southwestern graduates to meet critical mental health needs

Southwestern is helping to meet the growing need for mental health care providers in our community through a new statewide pilot program. Under this program, students completing the Human Services Associate of Applied Science degree can register as Qualified Mental Health Associates (QMHA-Rs) immediately upon graduation.

For students interested in careers in social work, addiction recovery, case management, and community health, this initiative provides a streamlined pathway to QMHA certification. By combining education requirements with supervised practicum hours completed through local partners,

the program expands the workforce and enables graduates to meet critical community needs.

“Our local partners have expressed a growing need for trained mental health associates,” said Dr. Jennifer Lewis, Assistant Professor of Psychology and Human Services Program Coordinator at Southwestern. “This pilot program empowers our students to meet that demand and make an immediate, meaningful impact in our community.”

For students, this provides the opportunity to work in the field of mental health care more quickly. The QMHA Pilot Program runs from winter 2025 through spring 2029.

To learn more about Human Services degrees at Southwestern contact Dr. Lewis at 541-888-7249, or by email at jennifer.lewis@socc.edu.



Take an undergraduate course at Southwestern

No need to be seeking a degree

We welcome our community to take classes to:

- Enhance personal growth and development
- Strengthen job-related skills
- Boost your resume with a valuable business course
- Fine-tune your writing or computer skills
- Learn about agroecology, forestry, welding, psychology, and much more.

Prior to registering for a class, non-degree seeking students need to complete the Community Education and Personal Enrichment Application. Some courses may have prerequisites

that can only be waived with instructor consent.

[Go to: <https://mylakerlink.socc.edu/ICS/Admissions>]

APPLICATION



Auditing Courses

- People interested in taking a class, but do not need the credit, may choose to audit credit classes and pay only 50% of the regular tuition. Auditing a class means you participate fully, but are not required to take tests and do not receive a grade. To qualify for the audit discount, registration is required by the second Wednesday of the term.
- If you are an Oregon resident and are 65 years of age or older you receive FREE tuition on any approved credit course that you audit. You are only responsible for any fees, supplies, or textbooks.

Curry Campus

JOB TRAINING & COMMUNITY CLASSES

To register: Call 541-813-1667 • Email curryfirststop@socc.edu • Visit us on the Curry Campus

Southwestern's Community Education offers lifelong learning and personal enrichment opportunities to the community. Non-credit classes are provided by qualified instructors from our community. Course and section numbers are located before course title. Spring term classes are 11 weeks long from March 31, 2025 to June 12, 2025 unless otherwise indicated by a date(s).

For a complete list of degrees available at the Curry Campus go to www.socc.edu/curry and click on Degrees & Certificates.

Or scan here:



JOB TRAINING

HE 0509 99 STANDARD FIRST AID & CPR/AED

This course follows the International Liaison Committee on Resuscitation (ILCOR) standards, and OSHA requirements to prepare the student with knowledge, skills, and techniques necessary to recognize and provide care in first aid, respiratory, and cardiac emergencies using the latest CPR and emergency cardiac care guidelines. Students learn how to perform rescue breathing and CPR, how to use personal protective equipment, how to use an Epinephrine Auto-Injector, and how to operate an Automated External Defibrillator (AED). CPR/AED and First Aid certification is given upon completion of course requirements. This is a stand-alone training that will help you gain employment or maintain employment in fields where safety of others is paramount such as early childhood educators, exercise instructors, mariners, public safety/security, and others. Instruction provided on infant, child, and adults.

Instructor: Amber Espinoza

Location: Curry Campus 137A/B

Cost: \$79

Day: Wed 4/9/25

Time: 9:00am-1:00pm

HE 0533 99 AHA BLS HEALTHCARE PROVIDER

This basic life support course teaches healthcare professionals how to perform CPR to victims of all ages, as well as other life-saving skills, in a wide variety of in-hospital and out-of-hospital settings. American Heart Association cards will be issued upon successful completion of the course. Instructor: Amber Espinoza

Location: Curry Campus 137A/B

Cost: \$105

Day: Wed 5/7/25

Time: 9:00am-1:00pm

IND 4100 68 TRAFFIC CONTROL FLAGGER CERTIFICATION

This training is an ODOT-approved safety training course covering the requirements for flaggers and approved techniques for moving traffic cautiously and consistently through work zones. For ages over 18. Class book is included. Receive necessary credentials for employment upon successful completion.

Instructor: Michelle Holifield

Location: Online/Zoom

Cost: \$145



CHILDCARE PROVIDER TRAININGS

Offered through Southwestern's

CARE Connections Childcare Resource & Referral

Classes available at no cost online or in-person and help prepare individuals to become licensed, or ERDC Listing in-home childcare providers. Orientation Part 1 for both trainings is offered online at the Oregon Center for Career Development at occd.educadium.com.

Classes scheduled in Curry County include the following:

Introduction to Registered Family Child Care

– Part 2 (licensing training)

- Thursday, May 1, 12:00 – 3:00 pm - Held in Curry
- Thursday, June 5, 12:00 – 3:00 pm - Held on Zoom

ERDC Child Care Provider – Part 2

(accepting state pay)

- Thursday, May 8, 12:00 – 1:30 pm - Held in Curry
- Thursday, June 12, 12:00 – 1:30 pm - Held on Zoom

For more information or to register contact 541-888-7957 or qualitychildcare@socc.edu.

CURRY CAMPUS COMMUNITY CLASSES • REGISTRATION OPENS MARCH 5

Fitness

PE 0502 99 BETTER BONES AND BALANCE®

Better Bones and Balance® is an exercise program that was developed and tested by researchers at Oregon State University. This program targets strength and balance through key exercises shown to reduce the risk of falls and fractures and is suitable for ambulatory individuals who are at beginner and intermediate exercise levels.

Instructor: Lisa Reed

Location: Langlois Lions Club

Day: Mon, Fri

Cost: \$89

Time: 9:00am-10:20am

PE 0570 99 LOW-IMPACT AEROBICS

This class uses easy-to-follow dance steps and rhythmic movements that are choreographed to upbeat music. It's a fun way to get moving while improving your cardiovascular system, muscle strength, flexibility, balance, and boost your overall fitness level. This is a great class for active seniors no matter your level of fitness. Mats are not supplied and are needed for floor exercises.

Instructor: Mary Whitaker

Location: Curry Campus 138A/B

Days: Tue, Thur

Cost: \$63

Time: 8:30am-9:50am

PE 0504 99 TAI CHI

This course in Tai Chi is a gentle, relaxed, non-sweat, personal exercise (translated as the "Grand Ultimate") for any age. The 'Yang Form' will be taught along with 'Chi Gwa' (circulating breath) and 'Silk Cocoon Chen' (fine intertwining energy).

This course is noncompetitive and will start with the basics, and then individuals will progress at their own rate.

Instructor: Deane McConnell

Location: Curry Campus 137A/B

Day: Tue

Cost: \$63

Time: 10:00am-11:20am

PE 0504 98 TAI CHI

Location: Curry Campus 137A/B

Day: Tue

Cost: \$63

Time: 5:30pm-6:50pm

**PE 0506 99 YOGA FOR HEALTH**

An introduction to the Hatha physical yoga. Includes the background, safety precautions, and value of yoga. Stretching postures, proper breathing techniques, and stress reduction are emphasized. This course will focus on the health and wellness aspects that are gained in making yoga an integral part of everyday life.

Instructor: Amanda Whittemore

Location: Curry Campus 138A/B

Days: Wed, Fri

Cost: \$88

Time: 8:30am-9:50am

PE 0506 98 YOGA FOR HEALTH

Instructor: Mariann "Luna" Weed

Location: Curry Campus 138A/B

Days: Wed

Cost: \$68

Time: 5:30pm-6:50pm

Special Interest

ASL 0501 99 AMERICAN SIGN LANGUAGE

Introduces the natural, signed language of American deaf people. Includes instruction in proper sign formation, American Sign Language (ASL) grammar and vocabulary, expressive and receptive skills. Emphasis on the history of ASL, the deaf community in North America, and deaf education.

Instructor: Bj Farris

Location: Curry Campus 206

Days: Tue, Thur

Cost: \$115

Time: 4:00pm-5:20pm

ART 0115 99 FUSED GLASS BASICS

Glass fusing is the process of joining compatible sheet glasses together then heating them in a kiln until the glass fuses or melts together. It grants you the power to create colorful, dynamic works of glass art that are completely unique. Fused glass is used to fabricate plates, tiles, bowls, jewelry, wall hangings, and other artistic creations. You only need a kiln, glass and a few simple tools to create a finished fused glass piece.

This class teaches the basics of fusing glass while creating a soap dish. We will cover an overview of the art, cutting glass, and safety while creating a design with glass to be fused then slumped into a soap dish. Instructor: Rosa Little
Location: Curry Campus 118
Cost: \$100 - includes materials & supplies
Day: Fri 4/18/25 & 5/16/25



Special Interest



ART 0147 99 COLOR DRAWING

This course is designed to teach the fundamentals of color theory applied to colored pencil and marker drawings. Using elements of design, students will learn to combine different color combinations of the color wheel to produce works that enhance drawing mark-making techniques.

Instructor: Gary Christensen

Location: Curry Campus 138A/B

Cost: \$90

Day: Mon, Wed

Time: 1:00pm-3:20pm

Writing

ENG 0150 99 WHAT MAKES A GOOD STORY

Whether seasoned, aspiring, or a novice writer, you will learn basic writing techniques and untangle the mysteries that make a story come alive! You will be bringing home a first chapter that will have you hungry to write the next chapter and the next, and the next! Most importantly, you will walk away with a confidence that your fears and doubts have vanished. In their place, you will have gained a priceless gift of courage to write your story and maybe even change the world! This is an online class.

Instructor: Judy Howard

Location: Online via Canvas

Cost: \$50

Day: Mon 4/7/25 – Fri 5/16/25

WR 0115 99 INTRODUCTION TO GRANT WRITING

This Introduction to Grant Writing course provides a basic understanding of grant writing and the foundations of project development. We will cover how to prepare your organization to apply for grants and identify local sponsors and small grants to consider. The course is open to all but geared toward smaller non-profits.

Instructor: Alisa Green

Location: Curry Campus 109

Cost: \$75

Days: Sat 4/5/25 & 4/19/25

Time: 10:00am-12:50pm



Writing Instructor Coral Anderson teaches Writing Your Autobiography and Creative Writing & Story Worlds

WR 0100 99 WRITING YOUR AUTOBIOGRAPHY

Who better to tell your story than YOU? Come and learn how to put together all of your stories into a book. Your story is sure to be something cherished. This course will introduce you to the techniques of writing an autobiography or memoir. Instruction will include method, style, and organization. You will collaborate with your classmates and the instructor in class in order to develop writing techniques.

Instructor: Coral Anderson

Location: Curry Campus 118

Cost: \$70

Days: Thur 5/1/25 – 6/12/25

Time: 1:30pm-3:20pm

WR 0105 99 CREATIVE WRITING & STORY WORLDS

This course introduces the theory, techniques, and practice of fiction writing to the beginning student. It emphasizes the short story. Part of the term is spent reading and analyzing published work in terms of such writing techniques as characterization, scenes, dialogue, thematic content, and structure. Writing exercises, both to take home and to do in the classroom, complement these discussions, and are critiqued. Part of each week is spent in a writers' workshop where student writing is discussed, analyzed, and critiqued by the whole class and the instructor.

Instructor: Coral Anderson

Location: Curry Campus 118

Cost: \$75

Days: Thur

Time: 9:00am-11:50am

FRIENDS OF CURRY CAMPUS SPEAKER SERIES

Caring for Special Places

Second Thursday of Every Month | **New Time** 1 to 2 pm | Curry Campus Community Room



Talks are free and sponsored by the Friends of Curry Campus. Check the News Section of our website for future talks in the series. For more information contact the Curry Campus at 541-813-1667.



FRIENDS OF CURRY CAMPUS PRESENT

Why Native Plants?

Free Talk by the
Native Plant Society of Oregon
SOUTH COAST CHAPTER
APRIL 24, 2025 | 1PM
COMMUNITY ROOM
ON THE CURRY CAMPUS

SOUTHWESTERN
Oregon Community College
1988 Newmark Ave.
Coos Bay, OR 97420

ECRWSS

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Winemakers Dinner

Saturday, April 26, 2025 | 6:00-9:00pm
Oregon Coast Culinary Institute at Southwestern

Join us for an exclusive dinner featuring the renowned wines of King Estate Vineyards paired with exquisite dishes crafted by the Oregon Coast Culinary Institute's culinary competition team. Enjoy an evening of storytelling and good company in an intimate setting. 100% of funds raised are used for culinary and baking program equipment.

Reserve your seats at: foundation@socc.edu or 541-888-7209

www.socc.edu ■ 541-888-2525

COOS CAMPUS

1988 Newmark Ave., Coos Bay, OR 97420

CURRY CAMPUS

96082 Lone Ranch Parkway, Brookings, OR 97415

STEAM PATHWAYS Lecture Series

SAVE THESE DATES:

FREE

BIOLOGY – MARCH 11/6pm
Sea Otters in Oregon
Road to Return

PHYSICS – APRIL 15/6pm
Solar Physics

CHEMISTRY – MAY 15/6pm
**The Science and Art of
Making Beer, Wine, and
Whiskey**

STEAM PATHWAYS – MAY 30/6pm
**Annual Student
Research Symposium**

Coos Campus: Umpqua Hall Lecture Room
Curry Campus: Watch Party in Community Room

Watch a live stream of lectures at
www.youtube.com/@SouthwesternOR/streams
For more information contact Krystal Hopper Meyers
541-888-7416 | krystal.hopper@socc.edu

 **Help a local student achieve their goals! www.socc.edu/give**

Students who receive scholarships complete their studies at a rate 25% higher than those who don't receive this support. Tax-deductible scholarship donations help make college possible for local students. Give online or clip this form and send a check payable to SWOCC Foundation, 1988 Newmark Ave., Coos Bay, OR 97420.

Name _____

Date _____ Phone _____

Email Address _____

Address _____

City/State/Zip _____

General

Nursing

Welding

Culinary

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Information in this publication was believed to be correct at press time; however, information is subject to change without notice.